

Canoe Packing List

Canoe/Kayak Gear:

(* denotes legally required)

Canoe
PFDs* (one per person)
Paddles* (two per boat is legally required, but take one per paddler plus one spare)
Bailing bucket* (plastic bleach bottle with the end cut off)
≥ 15 m buoyant heaving line (Throw Bag)*
Sponge
Whistle or other sound-maker*
2 Painters (end ropes)
Carabineers and/or gear tie-down rope
Dry bags/water-proof barrels OR
double-bagged pastic bags **in a** duffle bag/back pack

Clothing (depending on weather/# of days):

2-4 pairs warm socks
2-4 pairs underwear
2 pairs long pants – 1 warm, 1 cool
1 pair shorts
1 long-sleeved shirt
2 short-sleeved shirts
1 fleece jacket or sweater
1 vest
Rain gear (jacket and pants)
Paddling shoes (water shoes; shoes that can get wet)
Dry shoes for camp
Sun hat
Pajamas
Toque/Mitts

Optional:

Paddling gloves
Umbrella(s)
Maps
Bathing suit

Camp Gear:

Tent (& poles, pegs, ground sheet)
Sleeping bags
Sleeping pads

Stove and fuel
Drinking water
Personal/family eating kit (plate, bowl, cup, knife, fork, spoon)
Kitchen (pots, frypan, kettle, flipper, etc.)
Dish soap/Dish pan
Dish cloths & towels
Matches or lighter
Flashlight(s)
Garbage bags

Personal Gear:

Toothbrushes, toothpaste, soap, etc.
Toilet paper in ziplock bag plus empty bag for used toilet paper (to be thrown out later)
Small shovel/trowel (to make toilet hole)
Towel, washcloth
Basic first aid kit
Sun screen
Bug repellent
Jack knife
Sun glasses
Eyeglass strap (if you wear glasses)
Water bottle

Food:

lunch
dinner
breakfast
- Consider what may be eaten “on the road” before and after the paddling

Snacks/Extras:

Hot chocolate / Cup-a-soup
Beer/cider/wine
Treats to share
Sit-upons
Floating toys (e.g., plastic boat tied to a stick)
Camera/binoculars
Camp/Swede Saw
Thermos
Cooler
Folding chairs